



PARENTING SKILLS EVENT

CALM LEADERSHIP AND CONNECTED PARENTING



As summer temperatures rise, our goal is to assist you in staying cool while navigating parenting challenges that may cause stress and conflict. We are dedicated to enhancing parent-caregiver relationships for a more enjoyable summer experience.

JUNE 14TH 2025, 9AM-10:30AM

This event is FREE and held online.
Seats are limited, so please register to ensure your spot



Enhance Self-Awareness

Enhance your emotional regulation to maintain strong connections.



Reduce Reactivity

Respond with effective strategies rather than impulsive reactions.